

# COMMUNITY HEALTH WORKER (CHW)

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## CHW 101 (1 credit hours)

### Communication for Health Worker

Teaches effective and purposeful communication by listening carefully and communicating respectfully in ways that help build trust and rapport with clients, community members, colleagues and other professionals. Considers effective communication to include a mix of listening, speaking, gathering and sharing information, and resolving conflict. Explains the Community Healthcare Workers roles, responsibilities, and limits with regards to protecting client privacy and confidentiality. Lecture 1 credit (15 contact hours).

**Attributes:** Technical

**Components:** LEC: Lecture

## CHW 102 (1 credit hours)

### Organizational and Community Outreach

Explores the use of a variety of outreach methods, such as phone calls, in-person conversations, group presentations, distribution of print and electronic information, and social media, and effectively written reports that will be sent to supervisors and patients as needed. Provides knowledge on effective outreach based on learning about community needs and strengths, knowledge about available resources, and sensitivity to personal and cultural dynamics that affect behavior and relationships. Lecture: 1 credit (15 contact hours).

**Attributes:** Technical

**Components:** LEC: Lecture

## CHW 103 (1 credit hours)

### Advocacy

Teaches advocacy and capacity building that can help create conditions and build relationships that lead to better health. Explores capacity building requirements such as planning, cooperation, and commitment. Examines working to change public awareness, organizational rules, institutional practices, or public policy. Lecture: 1 credit (15 contact hours).

**Attributes:** Technical

**Components:** LEC: Lecture

## CHW 104 (1 credit hours)

### Health Coaching

Teaches education for healthy behavior change including providing people with information, tools, and encouragement to help them improve their health and stay healthy over time. Explores working with clients, family or community members, and with providers to address issues that may limit opportunities for healthy behavior. Examines the Community Healthcare Workers role as educator and coach, using a variety of techniques to motivate and support behavior change to improve health. Lab: 1 credit hour (30 contact hours).

**Components:** LAB: Laboratory

## CHW 105 (1 credit hours)

### Organization for Community Health Worker

Teaches how to promote coordinated and effective services by documenting their work activities, including writing summaries of client and community assessments. Examines presenting information to agency colleagues or community partners about their clients and issues they face. Explores the use of computer technology and communication in English. Discusses alternative language arrangements utilizing valuable linguistic capacities, cultural experience, and community relationship. Lecture: 1 credit (15 contact hours).

**Attributes:** Technical

**Components:** LEC: Lecture

## CHW 106 (1 credit hours)

### Legal and Ethics for Community Health Worker

Teaches how to handle ethical challenges as Community Healthcare Workers address legal and social challenges facing the clients and the communities they serve. Discusses client confidentiality and privacy rights in the context of employer and legal reporting requirements. Explores balancing care for clients with care for self. Examines following agency rules and the regulations governing public and private resources while exercising creativity in helping community members meet their individual and family needs. Lecture: 1 credit (15 contact hours).

**Attributes:** Technical

**Components:** LEC: Lecture