

COSMETOLOGY (COS)

COS 107 (14 credit hours)

Student Teaching I

Introduces teaching methods used in training cosmetology, esthetics, and nail technology students. Demonstrates teaching methods of theory, media use, and testing methods. Develops and applies the methods used to teach the practical application of skills. Demonstrates the Kentucky Board of Cosmetology rules and regulations. Lecture: 3 credits (45 contact hours). Laboratory: 11 credits (330 contact hours).

Pre-requisite: Cosmetologist License, one year work experience, apprentice cosmetologist instructor's permit.

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

COS 108 (6 credit hours)

Cosmetology I Theory

Identifies attitudes and behaviors for successful Cosmetology practice. Describes Kentucky Statutes and regulations, safety, bacteriology, sanitation, infection control, basic first aid, structure of the hair and nails and disorders of the scalp and nails as related to hairstyling, shaping, manicures and pedicures. Lecture: 6 credit hours (90 contact hours).

Pre-requisite: High school diploma or equivalent.

Attributes: Technical

Components: LEC: Lecture

COS 109 (6 credit hours)

Cosmetology I Practical Application

Demonstrates basic hair, nail and skin care services utilizing safety precautions, sanitation and infection control procedures. Laboratory: 6 credit hours (270 contact hours).

Pre-requisite: High school diploma or equivalent.

Co-requisite: COS 108.

Attributes: Technical

Components: LAB: Laboratory

COS 114 (14 credit hours)

Cosmetology I, 6-1

Illustrates ways to cultivate proper attitude and behavior patterns needed to create a successful cosmetologist. Kentucky Statutes and regulations, safety, bacteriology, sanitation, infection control, first aid treatment, structure and disorders of the nail are studied. An introduction to the basic fundamentals of hair, skin and nail care, hair styling and shaping, manicures and pedicures, chemical and thermal services, and wigs. The student in developing manipulative skills and practicing procedures utilizes mannequins and classmates. After 300 hours student begin to apply procedures on clients under the direct supervision of the instructor. Lecture: 14 credits (450 contact hours).

Attributes: Course Also Offered in Modules, Technical

Components: LEC: Lecture

COS 116 (14 credit hours)

Cosmetology II, 6-2

A study of basic chemistry with emphasis placed on the physical and chemical properties of cosmetic materials. Electricity and light therapy are discussed and an in-depth study of anatomical structures affected by cosmetological services including disorders of the skin, scalp, hair, and nails. The instructor gives the students progressively more difficult assignments with close supervision. Lecture: 14 credits (450 contact hours).

Attributes: Course Also Offered in Modules, Technical

Components: LEC: Lecture

COS 117 (14 credit hours)

Student Teaching II

Expands teaching methods used in training cosmetology, esthetics, and nail technology students. Demonstrates advanced teaching methods of theory, media use, and testing methods. Develops and applies the methods used to teach the practical application of skills. Provides preparatory work to prepare the apprentice instructor for the Kentucky Board of Hairdressers and Cosmetologists instructor examination. Lecture: 3 credits (45 contact hours). Laboratory: 11 credits (330 contact hours).

Pre-requisite: Cosmetologist License, one year work experience, apprentice cosmetologist instructor's permit.

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

COS 118 (5 credit hours)

Cosmetology II Theory

Examines chemistry with emphasis placed on the physical and chemical properties of cosmetic materials, chemical application techniques to hair (natural and artificial). The study of anatomical structures affected by cosmetology services including disorders of the skin, scalp, hair, and nails. Lecture: 5 credit hours (75 contact hours).

Pre-requisite: Successful completion of COS 114 or COS 108 & COS 109.

Attributes: Technical

Components: LEC: Lecture

COS 119 (7 credit hours)

Cosmetology II Practical Application

Apply the chemical application techniques to skin, hair (natural and artificial) and nails. Laboratory: 7 credit hours (315 contact hours).

Pre-requisite: Successful completion COS 114 or COS 108 & COS 109.

Co-requisite: COS 118.

Attributes: Technical

Components: LAB: Laboratory

COS 128 (6 credit hours)

Salon Assistant I

Provides knowledge and the techniques of all "shampoo styling" including any of the following services performed on an individual's hair: arranging, cleaning, curling, dressing, blow drying, and performing any other similar procedures. Lecture: 3 credits (45 contact hours); Laboratory: 3 credits (135 contact hours).

Components: LAB: Laboratory, LEC: Lecture

COS 129 (6 credit hours)

Salon Assistant II

Provides knowledge and the techniques of all "shampoo styling" including any of the following services performed on an individual's hair: arranging, cleaning, curling, dressing, blow drying, and performing any other similar procedures. Lecture: 3 credits (45 contact hours); Laboratory: 3 credits (135 contact hours).

Components: LAB: Laboratory, LEC: Lecture

COS 135 (1-8 credit hours)

Individual Requirements I

Provides additional lecture/laboratory time to meet licensure requirements of 1500 clock hours. Lecture: 1 - 8 credit hours (15 -120 contact hours). Laboratory: 1 - 8 credit hours (30 - 240 contact hours).

Pre-requisite: Consent of Instructor.

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

COS 136 (13 credit hours)**Esthetics I**

Covers the history of esthetics, today's career opportunities, and professional image. Includes Kentucky Statutes and Regulations, analysis of skin types for facial products, massage techniques, and hair removal. Provides guidelines that prevent the contamination of products, implements, and equipment for the prevention of disease. Includes the study of structure, composition, and function of the skin. Lecture: 7 credits (105 contact hours). Laboratory: 6 credits (270 contact hours).

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

COS 138 (8 credit hours)**Salon Assistant I**

Provides knowledge and the techniques of all "shampoo styling" including any of the following services performed on an individual's hair; arranging, cleaning, curling, dressing, blow drying and performing any other similar procedures. Lecture: 6 credits (90 contact hours). Laboratory: 2 credits (120 contact hours).

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

COS 146 (13 credit hours)**Esthetics II**

Covers organic/inorganic chemistry and cosmetic ingredients. Focuses on facial enhancements through the use of make-up artistry and application including hair removal procedures and applications. Includes the study of skin conditions, disorders and diseases, and those treatable by the esthetician. Explains treatments related to skin and skin disorders. Covers procedures for business and management, the practice of esthetic setup, disinfection, application techniques, advanced esthetics which include peels, deep pore cleansing, clinical skin care, aroma therapy, and spa/body treatments. Includes Kentucky Board of Cosmetology statutes and regulations. Provides for the study of the functions and benefits of electrotherapy including pre- and post-operative care for physician treatments and the application of various cosmeceutical products. Lecture: 7 credits (105 contact hours). Laboratory: 6 credits (270 contact hours).

Pre-requisite: COS 136 or Instructor permission.

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

COS 147 (16 credit hours)**Nail Technology**

Provides knowledge of the art and science of nail technology. Applying the rules and regulations of the Kentucky Board of Cosmetology as it should be used in the salon. Introduces bacteriology and infection control through the practice of disinfection procedures. Teaches the study of the cells, and structure of the hand and arm. Recognizes the structure of the nail and their diseases and disorders. Demonstrates the study of beauty salon management including the practice of interacting with clients, co-workers, and supervisors. (Students practice on classmates and progress to work on clients.) Lecture: 8 credits (120 contact hours). Laboratory: 8 credits (360 contact hours).

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

COS 170 (17 credit hours)**Accelerated Student Teaching**

Introduces and expands teaching methods used in training cosmetology, esthetics, and nail technology students. Demonstrates teaching methods of theory, media use, and testing methods. Develops and applies the methods used to teach the practical application of skills. Demonstrates the Kentucky Board of Cosmetology rules and regulations. Provides preparatory work to prepare the apprentice instructor for the Kentucky Board of Cosmetology instructor's examination. Lecture: 8 credits (120 contact hours). Laboratory: 4 credits (180 contact hours). Practicum: 5 credits (450 contact hours).

Pre-requisite: Cosmetologist's license, one year work experience, and Apprentice Cosmetologists' Instructor's permit.

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture, PCM: Practicum

COS 216 (20 credit hours)**Teaching I**

Introduces teaching methods used in training cosmetology, esthetics, and nail technology students. Demonstrates teaching methods of theory, media use, and testing methods. Develops and applies the methods used to teach the practical application of skills. Lecture: 6 credits (90 contact hours). Laboratory: 14 credits (420 contact hours).

Pre-requisite: Cosmetologist's License, one year work experience, and Apprentice Cosmetologists Instructor's License.

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

COS 218 (14 credit hours)**Cosmetology III, 6-3**

Provides knowledge of the structure and function of the human body, including the interaction of all the body systems in maintaining homeostasis. All phases of beauty salon management are studied, including interacting with clients, co-workers and supervisors. Laboratory experience is advanced with performance expectations set at a higher level. Lecture/Laboratory: 14 credits (450 contact hours).

Attributes: Course Also Offered in Modules, Technical

Components: LAB: Laboratory, LEC: Lecture

COS 222 (6 credit hours)**Cosmetology Review**

Designed as a total review of the Cosmetology curriculum. A comprehensive written and practical exam is given in preparation for the State Board Licensure exam. Students implement their own judgment of procedures and solutions to be used on clients with supervision. Lecture: 4 credit hours (60 contact hours) Lab: 2 credit hours (90 contact hours)

Pre-requisite: COS 114, 116, 218 or consent of instructor.

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

COS 228 (5 credit hours)**Cosmetology III Theory**

Provides knowledge of the structure and function of the human body, including all the body systems. A concept of artificial hair, hair enhancements, braiding and extensions, electricity and light therapy and business skills are studied. Lecture: 5 credit hours (75 contact hours).

Pre-requisite: Successful completion of COS 116 or COS 118 & COS 119.

Attributes: Technical

Components: LEC: Lecture

COS 229 (7 credit hours)**Cosmetology III Practical Application**

Illustrate laboratory experiences with advanced performance expectations, including interacting with clients, co-workers and supervisors. The application of general anatomy is applied in laboratory settings and the techniques of all areas relating to salon business skills. Laboratory: 7 contact hours (315 contact hours).

Pre-requisite: Successful completion of COS 116 or COS 118 & COS 119.

Co-requisite: COS 228.

Attributes: Technical

Components: LAB: Laboratory

COS 235 (1-8 credit hours)**Individual Requirements II**

Provides additional lecture/laboratory time to meet licensure requirements of 1800 clock hours. Lecture/Lab: 1.0 - 8.0 credit hours (15 - 120 contact hours).

Pre-requisite: Consent of Instructor.

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

COS 238 (6 credit hours)**Cosmetology IV Theory**

Recall the comprehensive written exam in preparation for the Kentucky Board Licensure exam. Lecture: 6 credit hours (90 contact hours).

Pre-requisite: Successful completion of COS 218 or COS 228 & COS 229.

Attributes: Technical

Components: LEC: Lecture

COS 239 (6 credit hours)**Cosmetology IV Practical Application**

Demonstrate the comprehensive practical exam in preparation for Kentucky Board Licensure exam. Laboratory: 6 credit hour (270 contact hours).

Pre-requisite: Successful completion of COS 218 or COS 228 & COS 229.

Co-requisite: COS 238.

Attributes: Technical

Components: LAB: Laboratory