

MASSAGE THERAPY (MSG)

MSG 100 (4 credit hours)

Musculoskeletal Anatomy & Physiology I

Provides extensive knowledge of the essential sciences with a focus on the musculoskeletal system that includes terminology, muscle tissue, basic biomechanics, and pathology. Lecture: 4 credits (60 contact hours).

Co-requisite: MSG 125 or MSG 126 and 127.

Pre- or co-requisite: AHS 115.

Attributes: Technical

Components: LEC: Lecture

MSG 110 (4 credit hours)

Musculoskeletal Anatomy and Physiology II

Provides a deeper understanding of body functions and effects of massage. Acquire skills for locating/palpating structures of the musculoskeletal system. Identifies muscle origins, insertions, innervations, and actions. Describes muscular interactions and biomechanics at major joint articulations of the upper and lower extremities. Lecture: 4 credits (60 contact hours).

Pre-requisite: MSG 100 and MSG 125 or MSG 126 and 127.

Co-requisite: MSG 135 or MSG 136 and 137.

Attributes: Technical

Components: LEC: Lecture

MSG 117 (4 credit hours)

Musculoskeletal Anatomy & Physiology I

Introduces the skeletal system and major joint articulations. Integrates the skeletal system with the muscular system, beginning with basic terminology and advancing to the fundamental connection with muscle and neuromuscular tissue. Lecture/Lab: 4.0 credits (90 contact hours).

Pre-requisite: AHS 115 or CLA 131 or MIT 103.

Attributes: Technical

Components: LEC: Lecture

MSG 119 (4 credit hours)

Musculoskeletal Anatomy & Physiology II

Details muscular interactions at major joint articulations including biomechanical concepts. Expands students' abilities to locate and affect muscles, joints, and innervations of the upper and lower extremities. 0 credits (90 contact hours).

Pre-requisite: MSG 119 Lecture: 4.

Attributes: Technical

Components: LEC: Lecture

MSG 125 (3 credit hours)

Medical Massage Techniques I with Lab

Discusses the history and benefits of massage therapy. Applies the knowledge of environmental considerations and equipment necessary to provide treatment, hygiene and safety, and legal requirements of therapeutic massage. Provides students with beginning hands-on training by mastering the fundamental skills of positioning and draping while demonstrating self-care and proper body mechanics. Analysis of the theory and technique of relaxation massage and seated massage routine (chair massage) will be covered. Lecture: 1 credit (15 contact hours). Lab: 2 credits (60 contact hours).

Pre- or co-requisite: MSG 100.

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

MSG 126 (1 credit hours)

Medical Massage Techniques I

Discusses the history and benefits of massage therapy. Applies the knowledge of environmental considerations and equipment necessary to provide treatment, hygiene and safety, and legal requirements of therapeutic massage. Acquire fundamental skills of positioning and draping, self-care, and proper body mechanics. Introduces the theory and technique of relaxation massage and seated massage routine (chair massage). Lecture: 1 credit (15 contact hours).

Co-requisite: MSG 127.

Pre- or co-requisite: MSG 100.

Attributes: Technical

Components: LEC: Lecture

MSG 127 (2 credit hours)

Medical Massage Lab I

Applies the knowledge of environmental considerations and equipment necessary to provide treatment, hygiene and safety, and legal requirements of therapeutic massage. Demonstrates hands-on training by mastering the fundamental skills of positioning and draping while demonstrating self-care and proper body mechanics. Performs techniques of relaxation massage and performs the seated massage routine (chair massage). Laboratory: 2 credits (90 contact hours).

Co-requisite: MSG 126.

Pre- or co-requisite: MSG 100.

Attributes: Technical

Components: LAB: Laboratory

MSG 135 (3 credit hours)

Medical Massage Techniques II with Lab

Provides an opportunity to improve skills in assessment, medical terminology, record keeping, documentation, and pre-employment fundamentals. Expands knowledge of massage techniques to include myofascial and deep tissue. Provides specific palpation techniques to include major joint articulations, bony landmarks, and muscles origin insertion and actions. Lecture: 1 credit (15 contact); Lab: 2 credits (60 contact).

Co-requisite: MSG 110.

Pre- or co-requisite: MSG 100, MSG 110, MSG 125 or MSG 126 and MSG 127.

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

MSG 136 (1 credit hours)

Medical Massage Techniques II

Provides extensive knowledge on assessment techniques, medical terminology, record keeping, and documentation necessary to provide wellness and healthcare massage. Expands knowledge of massage techniques to include myofascial and deep tissue. Lecture: 1 credit (15 contact hours).

Co-requisite: MSG 137.

Pre- or co-requisite: MSG 100, MSG 125 or MSG 126 and MSG 127.

Attributes: Technical

Components: LEC: Lecture

MSG 137 (2 credit hours)**Medical Massage Lab II**

Applies the knowledge of environmental considerations and equipment necessary to provide treatment, hygiene and safety, and legal requirements of therapeutic massage. Provides hands-on training by mastering the fundamental skills of positioning and draping while demonstrating self-care and proper body mechanics. Performs techniques of relaxation massage and performs the seated massage routine (chair massage). Laboratory: 2 credits (90 contact hours).

Co-requisite: MSG 126.

Pre- or co-requisite: MSG 100.

Attributes: Technical

Components: LAB: Laboratory

MSG 205 (3 credit hours)**Advanced Clinical Massage I**

Prepares the student in the knowledge and skills of advanced therapeutic massage techniques and how to integrate them in the treatment of special conditions and populations. Explores the aspects of building a business: business beginnings and business operations. Lecture: 1 credit (15 contact hours). Laboratory: 2 credits (60 contact hours).

Pre-requisite: MSG 100, 110, 125, 135, and 205.

Co-requisite: MSG 220.

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

MSG 210 (3 credit hours)**Advanced Clinical Massage II**

Prepares students to integrate modalities available in the practice of massage therapy such as spa treatments, hydrotherapy, Eastern and energy therapies. Provides opportunity to explore aspects of financial management such as financial bookkeeping, taxes, and inventory control. Lecture: 1 credit (15 contact hours). Laboratory: 2 credits (60 contact hours).

Pre-requisite: MSG 205.

Attributes: Technical

Components: LAB: Laboratory, LEC: Lecture

MSG 215 (2 credit hours)**Massage Therapy Student Clinic**

Provides experience in all aspects of running a massage clinic. Discusses ethics and legal considerations of the profession, requirements for national and state certification and licensing. Consolidates concepts of business startup: management, marketing, and financial planning. Laboratory: 2 credits (90 contact hours).

Pre-requisite: MSG 100, 110, 125, 135, 205, and 220.

Co-requisite: MSG 210.

Attributes: Technical

Components: LAB: Laboratory

MSG 220 (3 credit hours)**Massage Therapy Pathology**

Discusses common pathologies encountered in the field of massage therapy. Reviews pathologies directly linked to the biological systems of the body. Lecture: 3.0 credits (45 contact hours).

Pre-requisite: MSG 125 or MSG 126 and MSG 127; and MSG 135 or MSG 136 and MSG 137.

Pre- or co-requisite: MSG 100 and MSG 110.

Attributes: Technical

Components: LEC: Lecture

MSG 232 (3 credit hours)**Advanced Medical Massage I**

Prepares students to integrate their massage practice into a clinical setting, including the musculoskeletal injuries and chronic pain conditions. Expands the students' involvement in patient assessment, the use of rehabilitative, and preventative massage techniques. Integrated Lecture: 1 credit (15 contact hours). Integrated Laboratory: 2 credits (90 contact hours).

Pre-requisite: MSG 134.

Attributes: Technical

Components: LAI: Integrated Laboratory, LEI: Integrated Lecture

MSG 234 (3 credit hours)**Advanced Medical Massage II**

Develops understanding and skill in complementary modalities available in the practice of massage therapy along with the application of western modalities. Provides opportunity to explore aspects of financial management such as business plan development, record keeping, taxes, and inventory control. Integrated Lecture: 1 credit (15 contact hours). Integrated Laboratory: 2 credits (90 contact hours).

Pre- or co-requisite: MSG 232.

Attributes: Technical

Components: LAI: Integrated Laboratory, LEI: Integrated Lecture

MSG 286 (3 credit hours)**Student Massage Clinic Practicum**

Enhances the students' experiences in the operation of a massage therapy business by their active participation in all aspects of the on-campus student massage clinic, including marketing, managing schedules and resources, and performing massage services on clients from the public. Integrated Lecture: 1 credit (15 contact hours). Integrated Laboratory: 2 credits (120 contact hours).

Pre-requisite: MSG 100, MSG 110, MSG 125, MSG 126, MSG 135, and MSG 136.

Co-requisite: MSG 232, MSG 234, and MSG 220.

Attributes: Technical

Components: LAI: Integrated Laboratory, LEI: Integrated Lecture