

# EXERCISE SCIENCE

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The Personal Trainer Certificate Program is comprised of American Council on Exercise (ACE) curricula, and will provide real-world experiences, skills, and knowledge needed to assess, design, and implement a personalized exercise program for clients. Graduates are eligible to take the ACE Personal Trainer Exam to become ACE-certified personal trainers.

CPR and Standard First Aid requirements must be obtained and kept current by completing program approved CPR and Standard First Aid courses prior to completing the certificate.

## Certificates

- Personal Trainer - Certificate (<https://catalog.kctcs.edu/programs-of-study/aas/exercise-science/personal-trainer-certificate/>)